

Super Ubiquinol CoQ10 with PQQ

*Triple-action support for cellular
energy production*

Item #01733 • 100 mg • 30 softgels

Super Ubiquinol CoQ10 with PQQ contains **shilajit** to increase coenzyme Q10 in mitochondria plus **PQQ** to support the generation of new mitochondria in aging cells. This *three-way* mitochondrial support strategy offers the following benefits:

- 1. Ubiquinol CoQ10** • CoQ10 is required for generating optimal cellular energy. The *ubiquinol* form of CoQ10 offers superior absorption compared to the standard ubiquinone form.¹
- 2. Shilajit Complex** • PrimaVie® Shilajit has been shown to double levels of CoQ10 in the mitochondria.¹ Combining CoQ10 and Shilajit produced a **56%** increase in energy production in the brain and a **144%** increase in energy production in muscle.²
- 3. PQQ** • PQQ activates genes that promote the formation of new mitochondria while boosting mitochondrial antioxidant defenses.^{3,4}

Boost energy production at the cellular level with these three key nutrients. You'll benefit your heart, brain, and kidneys ... in fact every cell in your body.

Kaneka QH Ubiquinol® is a registered trademark of Kaneka Corporation.
PrimaVie® is a registered trademark of Natreon, Inc.

The optimal dose of **PQQ** is **20 mg** each day. Those taking **Mitochondrial Energy Optimizer, Mitochondrial Basics, or PQQ 10 mg caps** obtain this optimal PQQ dose when taking **Super Ubiquinol CoQ10 with PQQ**.

References

1. *Exp Gerontol.* 2006 Feb;41(2):130-40.
2. *Pharmacologyonline.* 2009;1:817-25.
3. *J Biol Chem.* 2010 Jan 1;285:142-52.
4. *Alt Med Rev.* 2009;14(3):268-77.



One softgel contains:

Ubiquinol (as Kaneka QH Ubiquinol®) 100 mg
PrimaVie® Shilajit fulvic acid complex 100 mg
PQQ Pyrroloquinoline quinone 10 mg
disodium salt

Other ingredients: medium chain triglycerides oil, gelatin, glycerin, purified water, sunflower lecithin, annatto color, beeswax, rosemary extract.



Dosage and use:

- Take one softgel daily with food, or as recommended by a healthcare practitioner.

Life Extension will not be liable for typographical, photographic or other pricing or content errors found in our printed or electronic communications.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.